## पित्र तरपन (Pitra Trapan)

After one year of death on daily basis every son and daughter is supposed to given water in the name of departed souls or (pitras)for their peace (shanti).

(अपसव्येन) Yognopaveet in the left arm.}

ॐ तत् सत् ब्रमाअधतावत् तथौ अधमासेपक्षेतथौ महापर्वनी ेवासुरे स्नानितायाम् पितृगौतृपितामहप्रपितामहवृद्धप्रपितामहमात्रे पितामहिप्रपितामहिवृद्धप्रपितामहिमातामहप्रमातामहवृद्धप्रमातामहमातामहि уमातामहिप्रमातामहिप्रमातामहिसमस्तमाता पितृभ्या दीपस्वधा, धूपःस्वधा।।
OM TAT SAT BRAMA ADAY TAVAT TITHO ADAY(Month name as per lunar calender) MASAY
PARVANI(Pratipaday to Purnamasi or Amavasay as per lunar calender) VASURAY(Day From sunday
to monday)
(Great grand fathers name from maternal side with their gotra) Vradpramatamah(Great great grand fathers name from maternal side with their gotra)Matamahi(Grand mothers name from maternal side with their gotra)Pramatamahi(Great grand mothers name from maternal side with their gotra)Vradprmatamahi(Great grand mothers name from maternal side with their gotra).  Samast mata pitribay deepa suda dupa suda.

(सव्येन) Yognopaveet in the right arm.

Then you drop that water which is in the thali in any flower part and start ur day with fresh mood.