

## (कुम्भ देने की विधी)

{How to pour water in the morning(Kumb)after death up to one year.

After taking a bath and before eating something you have to pour water or Kumb.

### Part (I)

(अपसव्येन) Yognopaveet in the left arm.

Bring a steel thali and put copper lota in the thali. Put some seasam and one stick of sacrid grass (Kusha or Darab) on your right hand and hold a glass of water in your left hand. Pour water from the glass by your left hand on your right hand where seasam and sacrid grass is already and fill the kumb lota with water and the same water should go in between thumb and index finger of your right hand in to the copper lota, while pouring the water you should chant this mantra.

समस्तमाता पितृभ्यः दीपः स्वधा। कुम्भो वनिशुर्जनिता शचीभिर्यस्मिन्नग्रे योन्याङ्गर्भो अन्तः। पलशिव्यक्तः शतधार उत्सो  
दुहेन कुम्भी स्वधा पितृभ्यः॥

(SAMAST MATA PITRIBIYA DEEPA SUDA , KUMBO VINISTO JANITA SHACHI BAY YES MIN NAGRAY YONAY  
GARBO ANTA PALASH VIKT DAAR SHATDA UTSA DUHEEN KUMBI SUDA PITRIBAY)

### Part (II)

Hold now kumb lota in ur left hand and pour the same water on ur right hand and the water should fall in to the thali in between index finger and thumb and chant this mantra.

ॐ तत् सत् ब्रमाअधतावत् तथौ अथ.....मासे.....पक्षे.....तथौ महापर्वनी.....  
....वासुरे स्नानितायाम् पिता या माता.....गौतृ.....तसे परिलूके क्षुध तृषना प्पिासा निवारनार्थम् सूद  
कुम्भान दान सहिते सहहरिनियम इशते तिलोदकम् इतत् ते उदक तर्पनं हिम हिम रजतम् रजतम् ॥

OM TAT SAT BRAMA ADAY TAVAT TITHO ADAY.....(Month name as per lunar calender) MASAY  
.....{Full moon or 1st moon (Krishna pakshay or shukla pakshay)}PAKSHAY.....TITHO MAHA  
PARVANI.....(Pratipaday to Purnamasi or Amavasay as per lunar calender) VASURAY(Day From  
sunday to monday) SANANITAYAM. Pito or Mato .....(Name & Gotra) TASAY PARILOKAY KUTH  
TRASHNA PIPASA NIVAR NATHAM SOOD KUMBAN DAN SAHITAY SAH HARINIYAM ISHTAY TILOUDAKAM EETAT  
TAY UDAK TRPANAM HIM HIM RAJATAM RAJATAM.

(सव्येन) Yognopaveet in the right arm.

Then you drop that water which is in the thali in any flower part and start ur day with fresh mood.